



# *La Nosa*

*house-laboratory*

*and*

*guesthouse for artists*

"La Nosa" is a beautiful farmhouse surrounded by the green woods and hills of the Chianti region and a guesthouse for artists that, in order to meet the guests' requirements, has been arranged with specific areas suited for training and workshops.

Two buildings made of stone that will bring you back to old folk memories are now entirely renewed and adapted for contemporary artistic turmoils.

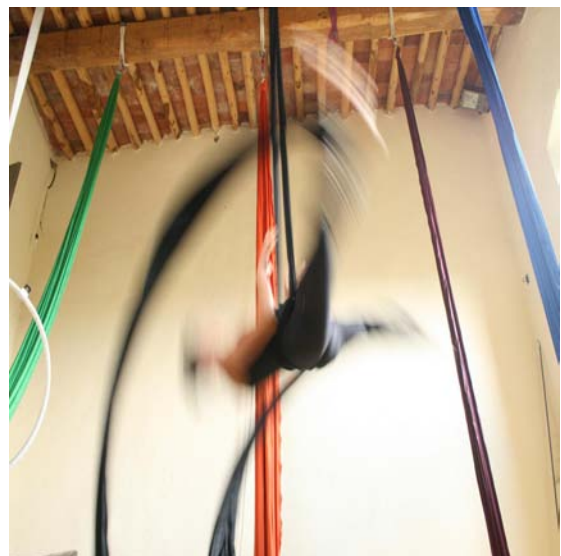
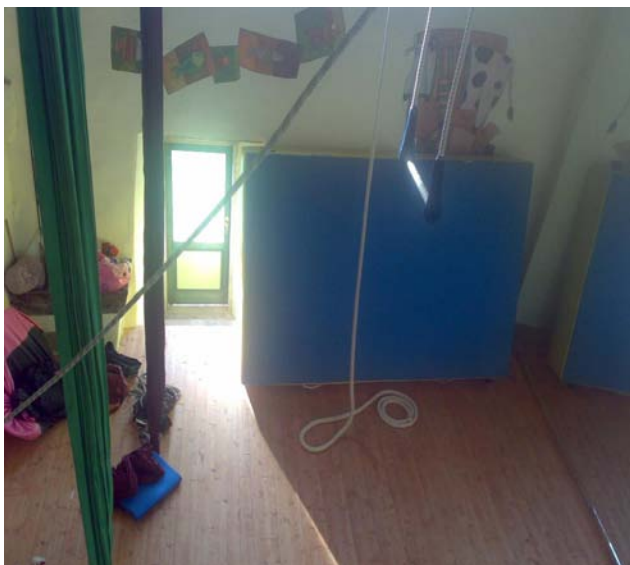
La Nosa, premises of the Association "Maghi Incartati", for the diffusion of art crafts and trades, is a meeting space for cultural and artistic exchanges, where you will have the chance to socialise and also take some time on your own to reflect and relax. The Association is particularly interested to physical disciplines and philosophies ( New Circus, Theatre, Dance...) and to the culture of cycling and recycling.





At the guest's disposal in La Nosa a bright gymnasium with parquet floor, provided with mirrors, measuring 6x6 meters and 6.5 metres of height, equipped with tissues, trapeze, wire, hoop and fall safety mattresses for the practice of aerial acrobatic disciplines, of which Eli is a passionate teacher and practitioner.

"La Nosa" is also meant to be a residence for artists looking for a place to experiment their shows or simply work on new ideas, study and rehearse.



For the stay the guests will have at their disposal multiple rooms and a shared kitchen ( they will have to bring their own sleeping bags, sheets and towels ).

"La Nosa" is also provided with a tv projector, an arcade set for the aerial disciplines and circus tools for rope-walking, acrobatics and juggling.





Up to now La Nosa guested several workshops:

-intensive stages of corporal mime (Decroux method) with Oliver Pollack (mimum zentrum Berlino) and with Oscar Valsecchi and Valentina Temussi (teatroinsospeso)

-stages of aerial acrobatic on tissue and trapeze with EliRudyzuli, Lucia Spagone, Cesar Rossi, Elodie Donaque, Nicole Kehrberger

-stage of dance and clubs manipulation with Emiliano Sanchez Alessi

-workshop of ceramics modelling

-workshops of paper recycling

La Nosa guested artists such as Emilia Tau, Osvaldo Carretta, Les Affilochés, AnnaMoben, Casata Balouf, Carly Ho, Carly's angels, Lice de Lux, Oliver Pollack, MI FA vo LA RE, Teatro della Luna Storta, Felice Pantone and Alberto Becucci, Leo Marameo, Luigi Ciotta...

La Nosa 's location is 25 Km far from Firenze, in the Chianti Region (20 km far from the motorway exit Firenze-sud, 10 km from the exit Incisa Valdarno); it is situated between San Polo in Chianti (Only 5 km far, where you will find a post office, a cashpoint, a supermarket, a pharmacy and served by the local bus line), Poggio alla Croce ( 2 km far, where you will find a newsagent, a typical restaurant "trattoria", with links to Florence and served by the Sita bus-line), and Figline Valdarno (8 km far, a bigger town where you will find all the upmentioned services and the trainstation).

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